Grapefruit Citrus paradisii

Properties

Manipura
I am strong I am confident

am authentic Ican

Iwill Solar Plexus Chakra Ican

I direct my own life I am ambitious I am confident I am strong

I am authentic



am ambitious

I love and

accept myself

I am strong

I believe in myself

I stand up for myself

and accept

I love

- Aerial antispetic+++
- Digestive stimulant+++
- · Lipolytic+++
- Venous tonic, blood thinning++



I direct my own life

best for myself

I am powerful

I am confident I am authentic

I feel my own power

I will I do

I choose the

• Realism and pragmatism



CANVA STORIES

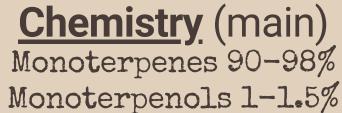
Odour:

Sweet, fruitly and peeled (HEAD NOTE)



Chakra: Sacral Solar plexus





USAGE

Cardiovascular system: Varicose veins, phlebitis, heavy legs, cellulite



Skin system: COSMETIC: slimming, firming, hair loss



Digestive system: digestion, bloating, appetite suppressant, bulimia, anorexia, -Liver weakness,



Nervous system: Asthenia, nervous fatigue, stress, overwork, convalescence, stress, depression, concentration







