

Laurel / Bay Leaf *Laurus nobilis*



Properties

Body

- Antibacterial broad spectrum+++
- Antiviral, fungicide+++
- Immuno-stimulant +++
- Mucolytic, expectorant+++
- Antalgic+++

Mind

- The Winner!

Vishuddha

I speak my truth I speak
I speak with LOVE I express my soul
My voice is clear I speak my truth
I express my soul I speak my truth
I speak with LOVE My voice is strong
I speak my truth I listen with interest
My voice is strong My voice is strong
I speak with LOVE **My voice is clear**
I listen with interest I express my soul
I express my soul I speak with LOVE
I speak my truth I speak
My voice I am a clear
is clear Throat chakra receiver
I speak with LOVE My voice is clear
My voice is strong I speak
I speak my truth

Chakra: Throat

Odour:
Fresh, bitter and spicy
(HEAD NOTE)

Chemistry (main)
Monoterpenols
Monoterpenes
Oxides



USAGE

Respiratory system: ENT infections otitis (ear infection), sinusitis, throat infection, flu...

Digestive system: Mouth infections (mouth ulcers, abscess, gingivitis), colitis, flatulence, stomach flu

Skin system: psoriasis, acne, varicose ulcers, bedsores, mycoses

Nervous system: Anxiety, self confidence, depression

Urogenital system: gynecological mycose

Muscular system: arthritis, sprains, rheumatism



Routes

