

# LAVENDERS

## Chemistry - Usage - Caution



### CHEMISTRY

True Lavender	Spike Lavender	Lavandin	Lavender Stoechade
Monoterpenols (linalool, terpineol < 40%)	Monoterpenols (linalool – geraniol 40%)	Monoterpenol (linalool 30-40%)	Monoterpene 10%
Esters (linalyl and terpenyl acetate 30-50%)	Oxydes (1.8 cineole <40%)	Ester (acetate linalyl, geranyl, bornyl 40-50%)	Ketones (camphor 15-30% Fenchone 45-50%)
Ketone (camphor <4%)	Ketones (camphor 6-20%)	Ketones (camphor 5-6%)	Oxydes (1.8 cineole traces)



### PROPERTIES

True Lavender	Spike Lavender	Lavandin	Lavender Stoechade
General antiseptic	Mucolytic, Expectorant	Very antispasmodic and muscle relaxant	Decongestant of respiratory tract
Healing, skin regenerative	Anti-infectious, Healing	Analgesic, Anti-inflammatory	Anti-infectious (bacteria Psuedomonas aeruginosa)
Very antispasmodic Relaxing nerve calming,	Antalgic Anti-inflammatory	Calming Sedative	Healing
Sedative Hypotensive		Anti-worm repellent	



### CAUTION

True Lavender	Spike Lavender	Lavandin	Lavender Stoechade
1 <sup>st</sup> trimester pregnancy	Babies	Babies	Babies
	Young kids	Young kids	Young kids
	Breastfeeding mothers	Breastfeeding mothers	Breastfeeding mothers
	Pregnant women	Pregnant women	Pregnant women
	Asthmatics	Epileptics	Elderly
	Epileptics		Epileptics